



**THE
JUNE CANAVAN
FOUNDATION**

February 2011 Newsletter

Hello everyone - and welcome to another June Canavan Foundation newsletter.

This edition will cover the following topics:

- Outcomes of the community workshop to establish the vision and objectives of the June Canavan Foundation
- First Board meeting
- 12 month anniversary trip to Papua New Guinea
- Cycle Queensland 2010 – the Foundation's first fundraising activity
- Update on the surgery
- Scholarship and award recipients
- Future JCF fundraising activities

Invitation

Sadly, the Sunshine Coast Sports Medicine Clinic will be closing down. To mark the passing of an era and bid farewell to the place which was so important to June, we will be having an informal morning tea at the surgery on

Friday 24th February at 10.30am.

Come along to share a cup of tea or coffee and one of June's much loved date scones while we take down the signs from the front of the building. Have one last wander through the surgery

Community Workshop – 20 November 2010

Thank you to everyone who came along to provide their input into the vision, mission and objectives of the June Canavan Foundation. The information we collected at the workshop will help us to create a "Giving Policy" for the Foundation which reflect the thoughts and ideas of as many people as possible.

It was great to welcome 27 of June's family, friends and colleagues to the workshop. We were especially happy that June's sister, Lorraine was able to travel from Wangaratta to participate in the workshop and the inaugural Board meeting which followed.

When introducing the workshop, I provided my three-fold hope about what June's Foundation could achieve:

- Firstly, to honour the memory of June
- Secondly, to do as much good as we could for the world by providing opportunities for people and projects in key areas of interest to June
- Thirdly, to increase the profile of the philanthropic sector in Australia

And then it was over to our facilitators and participants. It was amazing how quickly the vision and mission fell into place. Anyone who has participated in strategic planning workshops at work will know just how long it can take as words and ideas are tossed around. We only had 2 hours, but everyone's views were so consistent that within this time we had agreed on our vision as:

June's spirit living on, as an agent of change

And our mission as;

Driving well-being and social justice through projects in sport, education, health and conservation.

Once we had the four areas of sport, education, health and conservation agreed, we then went on to consider for which groups of people and in which parts of the world the Foundation would provide support.

There was a strong emphasis on supporting projects which were not about "charity", but about "change". Extending the well known analogy of "give a man a fish and feed him for a day, teach him how to fish and feed him for life", the participants agreed that we would look favourably at providing funding to projects which created long term sustainable change in communities. As one participant said – "we are not the Salvation Army giving a homeless person a bed for the night, we are more interested in helping to address the causes of why the person is homeless in the first place". In many ways, this philosophy reflects the way June practiced medicine. She was not so interested in the sore ankle, but was much more interested at looking at knee, hip, back or neck issues which caused the ankle to be sore in the first place.

If you are interested in reading the full summary of the meeting, please let me know and I'll send a copy to you.

The first June Canavan Foundation Board meeting

June's Foundation has now been formally established as a Private Ancillary Fund (PAF). In layman's terms this means that it is not "doing" charity like the Smith Family, the Red Cross or the School of St Jude. It is instead set up to provide funds to the "doing" charities, so that they can do their work more effectively.

The way it works is that the assets from June's estate will be invested for optimal financial return. The funds will be supplemented by other income such as rent from the surgery building. Then each year, the Foundation Board will allocate a certain proportion of the funds (we are aiming for 10%) to be given away

to charities and projects which are creating sustainable change in the four areas of sport, health, education and conservation.

One of the requirements of such a Foundation is that a Board of Directors is established. We held our first Board meeting immediately after the workshop in November. Board members have been selected to reflect a broad cross-section of June's life. They are:

- Peter Cochrane
- Merran Dobson
- Jo English
- Lynn Forsyth
- Lorraine Griffiths
- Anne Gripper
- Kerry Meehan
- Jo Saies

The Board will be responsible for ensuring that the funds of the Foundation are invested and distributed in accordance with the Giving Policy of the Foundation and in accordance with the requirements of the Tax Office and ASIC.

We will also continue to organize fundraising activities to support existing projects. The way this will work is that we will select a charity or project which will be our fundraising partner for that particular event. All donations to our nominated partner will be tax deductible to the donors. Then the June Canavan Foundation will match each donor's contribution. This means that everyone's donation is effectively doubled.

June's Foundation is also now a member of Philanthropy Australia. If you are interested in finding out more about philanthropy, they have a great website at www.philanthropy.org.au. They also send out some excellent resources to provide ideas and updates on what the major charities and research bodies are doing. If you would like to receive copies of these, let me know and I can forward them on to you by email when they arrive.

A special thanks to Peter Winneke and Stacey Thomas from the Myer Family office who facilitated both the Workshop and the Board meeting for us.

12 month anniversary in Papua New Guinea

On 11 August 2010, a group of family and friends of those who died in the Kokoda crash commemorated the 12 month anniversary at the site of the accident, high up on a ridge in the Kokoda province. Although hesitant about the trip, it turned out to be a very reassuring and heartwarming experience for all of us. Probably the best way of conveying the emotions of the trip is to use the same words I used to describe it to June's family and Laurie Gracie on my return:

"I returned from Papua New Guinea with two abiding impressions.

Firstly, the accident site is located in a place of extraordinary and unexpected beauty. Looking straight out, a succession of rugged ridgelines capping the mountains of the central province create a panorama of wild grandeur. Looking down to the right, the village of Kokoda sits in a lush valley, surrounded by the glistening green of oil palm fields. It is a truly magnificent vantage point.





The second impression is of the pride and honour with which the people of Haila undertake their custodianship of the accident site. They were the first to find it. It is located on their land. They are its protectors and preservers. The lower part of the site is awash with colour - it is blessed with natural flowers which have been enhanced by the planting of garden beds around the carved stone memorial erected by the villagers.

The villagers opened up their small village to us. They welcomed us with specially written songs and floral leis. They gave us their beds and their food. The next morning the whole village walked with us up the steep track to the accident site. Some had gone ahead to place

fresh flowers along the route.

On the crystal clear, sparkling morning of our presence, the village spirit caller called the spirits of those who had finished their lives there.

We can all be reassured that the spirits of June, Keith and the others are in a beautiful, protected and sacred place.”



The trip was hard – both emotionally and physically. But we were so fortunate to be supported by so many great people.

Gail Thomas and Russell Erero from Kokoda Trekking provided us with accommodation in Kokoda, walking guides to help get us and our gear up the mountain and all sorts of other bits and pieces which made our trip easier. Russell was the brother of Kingsley Erero who was one of the three local PNG nationals who died in the accident, so the 12 month anniversary was very important for their company. Russell took us to the village of the Erero family where we greeted with a huge feast and great hospitality. They also took us up to see the gravesite of Kingsley.

Dame Carol Kidu, the Minister for Community Development (and the only female in the 109 member PNG parliament) assisted us with a whole range of local language and cultural issues and generally became

our group's chief organizer. Dame Carol organized the purchase and carrying of the food packages which we provided to the villagers as a way of saying thank you for their assistance in the evacuation and clearing of the accident site.

The Australian High Commission in Port Moresby looked out for our safety and wellbeing and sent the consul, the ever helpful and happy Peter Allen and his satellite phone along with us on the climb.



Another highlight of the trip for me was meeting the parents of Jannie Moala, the young pilot who lost her life in the accident. They also have established a Foundation to honour the memory of their daughter. The Jannie Moala Foundation has been set up to provide financial and practical assistance to young female aviators in Papua New Guinea. We are keen to maintain a link between Jannie's and June's Foundation, so Jo English travelled back to Port Moresby a month later to be present at the fundraising dinner to launch the Jannie Moala Foundation.

Logo and Merchandise

Thanks to everyone who voted on the logo design in the last newsletter. The kooka at the top of this newsletter was the clear winner. Some of you opted for the second design because you liked the reverse colour of gold with blue highlights combination better. That was great input too, because we've opted for the first design but to have it reproduced in both colour combinations depending on the background colour and particular use of the logo.



RIGHT SLEEVE: We have finalized the design of our cycling jerseys which you will see featured below. They are available in a range of sizes for \$90.00



We also had some Polo shirts designed especially for the Cycle Queensland ride. They stand out because of the crazy cycling kookaburra on the back. We still have some of these left in limited sizes for \$35.00. We will also probably order some more generic polos with the cycling kooka on the back, so give me a call if you would like either a jersey for \$90.00 or a polo shirt for \$35.00.



First fundraising activity - Cycle Queensland 2010

Our first June Canavan Foundation Fundraising activity consisted of a group of 9 riders, cycling 590km from Rockhampton to Bundaberg between 5 and 13 September last year.

Our riders and wonderful support crew raised just over \$5000 for the Alola Foundation. Special mention must go to Sister Mary-Lynne who used her charm and persuasion to collect almost \$400 in a beer glass from the surprised folk at the Biloela pub one night. They could not refuse a crazy nun in a bright yellow shirt offering to say special prayers for them if they donated generously. The total amount was matched by the June Canavan Foundation, which means that Alola received \$10,000 for our efforts.

It was a fantastic trip. Lots of fun, great riding, great scenery, great people. Our bright yellow jerseys and polo shirts certainly stood out in the crowd. In this case, the pictures tell the story better than words.....





The Sunshine Coast Sports Medicine Clinic comes to an end

Despite searching far and wide we've been unable to find a sports physician or GP who wants to take over the surgery, so we have no option to close it down. The clinic was such an important part of June's life. It was where she felt most competent and confident. And it was where she established so many lovely relationships with patients. The building will now be managed by friends and patients of June, Greg and Denise Kilpatrick of Kilpatrick Property Services. It will be available for lease by any commercial or community services organization. The income from the lease will go into the Foundation to be distributed with each year's distribution. If you are aware of any organization who may like to rent a Duporth Avenue property, please call Denise on



Rather than just letting the surgery fade into non-existence, we thought we'd have a small closing down ceremony on Friday 25th February at 10.30am. We'll officially take down the sign outside and then share a bit of morning tea and a chat. And if you were one of her patients who used to bring scones, lamingtons, Anzacs or any of the other treats which used to make her so happy – feel free to bring some along to this last gathering at the surgery.

I'd like to pass on a special thanks to Dr Jo English for providing medical services at the clinic for the 12 months following June's death. Thanks also to Rachel, Chris, Shirley and Matt who have continued to consult from the clinic over the last 18 months and to Karen for continuing to keep reception operating after Elaine's retirement last August.

And what about those daggy old flats down the back on the river? Well they are getting a second life! We're converting four flats into two flats. I will use the top floor as my Sunshine Coast home and the office of the June Canavan Foundation. Lynn and Doug Forsyth will live in the bottom floor. Lynn actually worked in the bottom flat for 9 years as Executive Officer of the SC Branch of Sports Medicine Australia while June was president of the Branch. Together they made the Sunshine Coast branch one of the most dynamic Sports Medicine community partners in Australia. Lynn will also be on hand to look after day-to-day Foundation matters while I am in Sydney.

So - June's spirit will live on at 88-90 Duporth Ave for a few years yet!

Scholarship and Award winners

The following recipients have recently received scholarships or awards established in memory of June:

Thayssa Roberta Plum, a young female sports reporter from Brazil is the inaugural recipient of the June Canavan Scholarship administered by the Lausanne Network for Women in Sport (LNWIS). Thayssa was selected by a panel of myself and three members of the LNWIS. She has now commenced her study for the Master of Sports Administration in Lausanne.

Brodie Gardner was the first recipient of the June Canavan Memorial Bursary provided by the Sunshine Coast Local Medical Association. Brodie is studying Human Movement Science at the University of the Sunshine Coast and is an accomplished local triathlete.

John Turnbull was the sixth winner of the Sunshine Coast Sports Medicine Clinic Bursary which June and Haila McCarthy established in honour of Paul McCarthy. John is studying biomedical sciences looking specifically at the heart. He has completed some of his study in the US on a gridiron sports scholarship

Alana Boyd won the June Canavan Senior Encouragement Award at the Sunshine Coast Sportstar of the Year awards on 28 January. Alana's award recognized her Gold Medal for the Women's Pole Vault at the Delhi Commonwealth Games and her consistency as Australia's premier female pole vaulter. Alana and the Boyd family were patients of June's.

We'll have full details of these winners and their progress through the year in the next newsletter.

Next Fundraising Activity – the Noosa Winter Festival

Come along and be part of the June Canavan Team at the Noosa Winter Festival on 21 and 22 May 2011.

There are plenty of events to choose from, including swims from 500m up to 2km, cycle rides of 100km, 160km or an off-road enduro and runs of 5km, 10km and a half marathon. Do one, two or lots of events. There are several options for team points including the largest team, so start thinking about what events you may be able to get ready and fit enough to do by May. June was always trying to encourage people to improve their health and fitness by focusing on a goal, so perhaps a 500m swim or a 5km run could just be that goal which you need.



We'll bring you more details as to how to enter as part of the June Canavan Foundation team in a little while, but if you want to have a look at what's on offer, go to the following link

www.usmevents.com.au/Triathlon_Multi_Sport/Noosa_Winter_Festival.htm

That's it for this edition – if you have any suggestions or comments please let me know on 0409 813 260 or at annegripper@me.com.

Anne Gripper

This newsletter has been sent to the following people. Please forward it on to others who may be interested.